B·I·D SERVICES

Sponsored by Specsavers Home Visits

WHEN DID YOU LAST HAVE YOUR EYES TESTED?

How do you take care of *your* eyes?

BSL video

Did you know?

Eye tests for adults are recommended every two years and every year for children.

Many people think that a sight test is about checking whether you need glasses or contact lenses, but a sight test is a vital check on the health of the eyes and includes the detection of eye conditions. Many of these, if found early, can be treated successfully, avoiding potential sight loss.

Free NHS sight test

You are entitled to a free NHS sight test if you are under 16, aged 60 or over, have diabetes or glaucoma, or receive certain low-income benefits, aged 40 or older with a parent, sibling or child diagnosed with glaucoma, or advised by an eye doctor that you're at risk of glaucoma.

NHS Vouchers

An NHS optical voucher is a financial contribution by the government that helps eligible individuals pay for glasses or contact lenses. NHS complex lens vouchers are also financial contributions by the NHS to help people with high or complex prescription needs pay for corrective lenses.

Mobile sight test

If you're eligible for a free NHS sight test, you may also be entitled to a mobile sight test. This is when an optometrist comes to visit you at home, at a care home or a day centre if you're unable to leave because of a physical or mental illness or a disability.

For more information, contact BID Services

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