



B·I·D SERVICES

OCCUPATIONAL THERAPY

Occupational Therapy service can support citizens with disabilities to carry out essential activities with the main aim of maintaining or improving their independence.

Occupational Therapy will work with you, considering your needs and how to manage daily tasks in your home environment.

Depending on your personal situation, **Occupational Therapy** may include:

Managing your personal care and activities at home

Assessments on transferring in and out of bed or chairs, on and off the toilet, dressing and stair assessments.

Assessment of food and drink preparation.

Eligibility assessment for adaptations within your home

Review or implement manual handling

Provide advice and information about other services.

[Click here to apply online](#)

If you would like a referral or support to complete this referral, ACCESS can help you. Alternatively, you can call Occupational Therapy via :

Telephone on 0121 303 1234 (Choose Option 1)

Email CSAdultSocialCare@birmingham.gov.uk

If you would like further support, please contact:

Email: access@bid.org.uk **Telephone:** 0121 246 6100 **Mobile/Text:** 07595 086540

Visit our website: www.bid.org.uk